



University of California, Merced
Academic Advising
5200 N. Lake Road, Merced, CA 95343
advising.ucmerced.edu

Academic Reflection

Name: _____ UCM ID: _____
Major: _____ Minor: _____
School: ☐ SSHA ☐ SNS ☐ SOE ☐ Undeclared Date: _____

You must complete the following reflection prior to meeting with your academic advisor. Respond carefully to the questions below in order to make the most of your meeting with your academic advisor.

Section 1

Refer to your Unofficial transcripts to complete this section. (Log into [MyUCM Portal](#), Select MyStudentRecord, Select Student Record, Select Academic Transcript)

Look up your term GPA from Spring 2017:

Look up your cumulative GPA:

Section 2

1. Describe your academic participation in Spring 2017. Did you do the following? Please check Yes or No

Activity	Yes	No	Sometimes
a. Attend lecture and discussion on a regular basis?			
b. Take notes in class/labs on a regular basis.			
c. Keep up with your reading and homework assignments regularly?			
d. Go to office hours and tutoring regularly?			
e. Track your grades in each class?			
f. Were you involved in clubs or sports?			

2. Briefly describe what led to your academic difficulty this past semester. Circle all that apply.

- a. Personal issues (e.g family, roommate, health) d. Motivation (classes not interesting, procrastination, unclear of major)
b. Study skills (time management and adjustment) e. Other _____

3. In Spring 2017, did you earn an A or B in any course? If so, what contributed to your success?

4. In the courses for Spring 2017 that you earned a C- or less, what was most challenging?

5. Look up the following deadlines on the [Registrar's](#) or [Students First Center](#) website:

Action/Requirement	Deadline/Date
Last day to add classes online	
Last day to add classes with instructor permission	
Last day to drop classes online	
Mid-semester grades posted	
Last day to withdraw from a class with a "W"	

6. Participate in the online **Time Management: Strategies For Success** workshop (visit: www.studentlingo.com/ucmerced, create an account then search and complete the online workshop). Name a strategy from the workshop that you will utilize this upcoming semester.