Monday	Tuesday	Wednesday	Thursday	Friday
8 am-9 am	8 am-9 am	8 am-9 am	8 am-9 am	8 am-9 am
9 am-10 am	9 am-10 am	9 am-10 am	9 am-10 am	9 am-10 am
10 am-11 am	10 am-11 am	10 am-11 am	10 am-11 am	10 am-11 am
11 am-12 pm	11 am-12 pm	11 am-12 pm	11 am-12 pm	11 am-12 pm
12 pm-1pm	12 pm-1pm	12 pm-1pm	12 pm-1pm	12 pm-1pm
1 pm-2 pm	1 pm-2 pm	1 pm-2 pm	1 pm-2 pm	1 pm-2 pm
2 pm - 3 pm	2 pm - 3 pm	2 pm - 3 pm	2 pm - 3 pm	2 pm - 3 pm
3 pm - 4 pm	3 pm - 4 pm	3 pm - 4 pm	3 pm - 4 pm	3 pm - 4 pm
4 pm - 5 pm	4 pm - 5 pm	4 pm - 5 pm	4 pm - 5 pm	4 pm - 5 pm
5 p.m – 6 p.m.	5 p.m 6 p.m.	5 p.m. – 6 p.m.	5 p.m6 p.m.	5 p.m 6 p.m.
6 p.m. – 7 p.m.	6 p.m7 p.m.	6 p.m7 p.m.	6 p.m 7 p.m.	6 p.m 7 p.m.
7p.m8 p.m.	7p.m8 p.m.	7p.m8 p.m.	7p.m8 p.m.	7p.m8 p.m.